CREATING CONNECTIONS

“When you connect with others, you position yourself to make the most of your skills and talents.”
- John Maxwell

Creating connections is a practice! Which area do you need more practice in? How will you practice?

Being present and intentional

Being authentic

Being a curious learning partner

Creating a Mentoring Blueprint

To create strong connections, I will ...

I need ...

Dig Deep Questions

Do I interact with intention?

How do I show my mentee that I am a learning partner?

Do I consider adult learning styles when interacting with my mentee?
BUILDING TRUST

“Trust is choosing to make something important to you vulnerable to the actions of someone else.”
- Charles Feltman

Observe and comment on your own behaviors related to creating a trusting relationship with your learning partners. Which area deserves your ongoing focus?

Boundaries
Reliability
Accountability
Vault
Integrity
Non-Judgement
Generosity

My focus word is ...

Creating a Mentoring Blueprint

To build trust in my relationships, I will ...

I need ...

Dig Deep Questions

Do I trust myself?
Do I trust the process?
Do I believe that my mentee is doing his/her best?
Do I expect too much or too little from my mentee?
CREATING OPPORTUNITIES FOR LEARNING

“It’s going to get uncomfortable in here and that’s okay. It’s normal and it’s part of the process.”
- Brene Brown

My comfort zone with the mentoring process is ...

My mentee's comfort zone is ...

When I brainstorm reflective questions that will lead my learning partner towards growth; I come up with:

Creating a Mentoring Blueprint

To create learning opportunities, I will ...

I need ...

Dig Deep Questions

How often do I ask questions of my mentees or am I more likely to tell them what I want them to know?

Do I challenge my mentees to challenge themselves? What are two ways in which I do this?
ENGAGING IN HEALTHY FEEDBACK

“Effective feedback is not praise or criticism. It is carefully chosen language and actions that propel the learner forward.”
- Regie Routman

The following words come to mind as I brainstorm around healthy feedback and consider Brene Brown’s Engaged Feedback Checklist

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Creating a Mentoring Blueprint

To set the stage for healthy feedback, I will ...

I need ...

Dig Deep Questions

Is the feedback that I am giving relevant, practical, and specific?

When I provide feedback, is the language that I use designed to allow my learning partner to draw his/her own conclusions?

What clues do I receive that tell me how my feedback is received?
**RESOURCE LIST**


**Acknowledgement**

Hearing First in association with co-authors: Sherri Fickenscher, LSLS Cert AVEd. & Ashley S. Garber, M.S. CCC-SLP, LSLS Cert. AVT.

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